



# **Personality, Social Skills, and Psychopathology: An Individual Differences Approach (Perspectives on Individual Differences)**

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# Personality, Social Skills, and Psychopathology: An Individual Differences Approach (Perspectives on Individual Differences)

## Personality, Social Skills, and Psychopathology: An Individual Differences Approach (Perspectives on Individual Differences)

This book presents an introduction to the study of relationships among personality, social skills, and psychopathology. Although research findings during the last decade have made it clear that the relationships among these variables are almost always complex and multiply determined, many clinicians and theoreticians have not incorporated such complexities into their models of human behavior and therapeutic intervention. This discrepancy between clinical theory and research-based findings has been of special concern to us because we have been both empirically oriented academic researchers and practicing clinicians. It is our belief that clinical theory related to personality, social skills, and psychopathology can be enriched by research findings from a wide range of fields—from human genetics, temperament, and personality to family systems, affect, psychophysiology, and learning. This book is divided into an introductory chapter and three sections. The introductory chapter provides an overview of the issues in the field, compares models, and provides suggestions for further integration and articulation of concepts related to personality, social skills, and psychopathology. The book's first section presents state-of-the-art general models of interactions among personality, social skills, and psychopathology. Connolly opens this section with a chapter that reviews longitudinal findings indicating that personality traits predict the onset of psychopathology and marital distress. The etiology of these and related findings is the subject of other chapters in this section.

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