



# Long Quiet Highway: A Memoir on Zen in America and the Writing Life

*Natalie Goldberg*

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# Long Quiet Highway: A Memoir on Zen in America and the Writing Life

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Long Quiet Highway Natalie Goldberg

From bestselling author Natalie Goldberg, here is the story of her life as a spiritual seeker struggling to "free the writer within." Threaded with the story of Goldberg's 12-year relationship with legendary Zen master Katagiri Roshi, Long Quiet Highway illustrates the challenges – and rewards – that unfold when a Western student seeks a teacher of Eastern wisdom. Observant and relentlessly honest, Long Quiet Highway is a reflection of the people, places, and experiences that helped Natalie Goldberg discover the transformational power of writing and the truth of the spiritual life. Original author adaption of the book with commentary and exclusive interview.

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