



Slow Cooker and Microwave Meals Box Set: Over 200 Paleo, Vegetarism, Soup Recipes and Mug Meals, Freezer Meals for Your Slow Cooker (Dump Dinner & Budget Meals)

Josephine Ortiz, Tina Berry, Vanessa Riley, Shiela Butler, Samantha Stewart, Eva Mehler

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Slow Cooker and Microwave Meals Box Set(6 in 1)

Book One: Soup Recipes for Everyday: 50 Delicious Recipes You Can Cook in Your Slow Cooker

You will also learn:

- Why the slow cooker is the working person's best friend, year round.
- How to adapt nearly any soup recipe to slow cooking perfection.
- 50 recipes to start your own collection. You will quickly find a family favorite that gets requested over and over.
- Spicy soup recipes that are sure to get your metabolism revved and rolling.
- How to turn a favorite meal into a delicious soup.

Book Two: Freezer Meals for Slow Cooker : Easy and Delicious Dump Dinner Recipes and Make Ahead Meals for Busy People

Written in easy-to-understand language, this book will explain how you can prepare easy, simple frozen meals for your slow cooker.

Inside you will learn

- How you can make delicious frozen beef, pork or chicken meals ahead of time for your crockpot.
- Easy-to-follow recipes for frozen stews, soups, casseroles and roasts that are easy to make in your crockpot.

- Tips and Tricks for successfully preparing make-ahead frozen crockpot meals.
You can do it!

Book Three: Mug Meals: Healthy, Quick and Easy Microwave Meal Recipes for You to Enjoy!

In this book we'll talk about different types of mug meals. We'll explain what you need to make some of the best ones.

Learn how to make these meals:

- Breakfast
- Lunch
- Dinner
- Snacks
- Dessert

You'll never get tired of these mug meals and they'll be available for you at any time, day or night.

Book Four: The 5-Ingredient Cookbook: Over 50 Recipes of Healthy and Scrumptious Meals to Try!

Do you know how easy it is to cook delicious recipes that contain only five, YES JUST FIVE ingredients?

Inside You Will Learn:

- How to make smoothies and breakfasts
- Options to take a packed lunch
- Quick meals to grab and go
- Make ahead meals for convenience
- Sandwiches, Pasta, and Soups
- Slow Cooker Meals
- Dinner Dishes
- Desserts and Cookies
- Some Good Advice and Common Mistakes to Avoid.
Recipes for breakfast, lunch, dinner and snacks.
- All the ingredients needed for each recipe.
- Step by step methods with easy to follow instructions
- And much more.

Book Five: The Vegetarian Cookbook: Quick and Easy Dump Dinner and Freezer Meal Recipes that are Healthy and Take Just Minutes to Make

In this book you will learn everything that you need in order to get started on some easy recipes.

You will learn things like:

- What is the vegan diet?
- The benefits of dump and freezer meals
- Tasty breakfasts for the morning
- Main meals to satisfy the whole family
- Desserts that are to die for.

Book Six: Paleo Slow Cooking for Two: 40 Easy and Healthy Paleo Recipes for a Crockpot or Slow Cooker, Plus Cook Time and Calorie Count

Paleo cooking using a crockpot or slow cooker can be both exciting and challenging. But with the help of this book, you can start recreating and even coming up with your own Paleo recipes using this cookware with utmost confidence.

And not just that, inside you will learn:

- The reason why you should go for a Paleo lifestyle
- 40 delicious, healthy and completely Paleo recipes that you can cook using a slow cooker.
- Recipes that help you prepare your food ahead of time.
- How to reduce recipe servings or yields to suit your need to cook for just two people.
- And so much more

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From reader reviews:

James Shaw:

The book Slow Cooker and Microwave Meals Box Set: Over 200 Paleo, Vegetarism, Soup Recipes and Mug Meals, Freezer Meals for Your Slow Cooker (Dump Dinner & Budget Meals) give you a sense of feeling enjoy for your spare time. You can utilize to make your capable a lot more increase. Book can being your best friend when you getting pressure or having big problem together with your subject. If you can make reading a book Slow Cooker and Microwave Meals Box Set: Over 200 Paleo, Vegetarism, Soup Recipes and Mug Meals, Freezer Meals for Your Slow Cooker (Dump Dinner & Budget Meals) to become your habit, you can get considerably more advantages, like add your own personal capable, increase your knowledge about many or all subjects. You could know everything if you like open up and read a reserve Slow Cooker and Microwave Meals Box Set: Over 200 Paleo, Vegetarism, Soup Recipes and Mug Meals, Freezer Meals for Your Slow Cooker (Dump Dinner & Budget Meals). Kinds of book are several. It means that, science e-book or encyclopedia or others. So , how do you think about this publication?

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As people who live in the actual modest era should be update about what going on or facts even knowledge to make them keep up with the era that is always change and advance. Some of you maybe will probably update themselves by studying books. It is a good choice for yourself but the problems coming to an individual is you don't know what kind you should start with. This Slow Cooker and Microwave Meals Box Set: Over 200 Paleo, Vegetarism, Soup Recipes and Mug Meals, Freezer Meals for Your Slow Cooker (Dump Dinner & Budget Meals) is our recommendation to help you keep up with the world. Why, as this book serves what you want and wish in this era.

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