



# **Drawing from the Mind Painting from the Heart: 12 Essential Lessons to Becoming a Better Artist**

*Annette Carroll Compton*

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Is the relationship between the heart and the mind balanced? Author and artist Annette Compton explores this age-old artistic question in *Drawing from the Mind, Painting from the Heart*. Creating art inevitably involves a relationship between our minds and our hearts. For some, the mind-the study of technique-plays a major role in the process of being an artist. But what happens when an artist becomes so obsessed with technique that all spontaneous expression is lost? Or, what about artists who become so lost in expression that technique is gone, and they have difficulty with realizing their vision in their work? *Drawing from the Mind, Painting from the Heart* is a 12-chapter workbook that helps artists explore the interplay between such concepts as line and form, representational and abstract art, the analytical mind and the expressive heart. Each chapter features a series of three innovative and introspective exercises that help the artist move progressively from exploring the linear and the analytical, to creating form through massing and color, and finally on to the freedom tempered by mental discipline that one needs to draw and paint abstractly. Featuring over 200 stunning examples from students as well as recognized artists, this unique resource explores the delicate balance between craft and passion, the technical and the intuitive-and is certain to become a valuable addition to the library of every working artist.

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