



The Great Work of Your Life: A Guide for the Journey to Your True Calling

Stephen Cope

Download now

[Click here](#) if your download doesn't start automatically

The Great Work of Your Life: A Guide for the Journey to Your True Calling

Stephen Cope

The Great Work of Your Life: A Guide for the Journey to Your True Calling Stephen Cope
From the Senior Scholar-in-residence and Ambassador for the famed Kripalu Center for Yoga and Health comes an incisive and inspiring meditation on living the life you were born to live.

In this fast-paced age, the often overwhelming realities of daily life may leave you feeling uncertain about how to realize your life's true purpose—what spiritual teachers call dharma. But yoga master Stephen Cope says that in order to have a fulfilling life you must, in fact, discover the deep purpose hidden at the very core of your self. In *The Great Work of Your Life*, Cope describes the process of unlocking the unique possibility harbored within every human soul. The secret, he asserts, can be found in the pages of a two-thousand-year-old spiritual classic called the *Bhagavad Gita*—an ancient allegory about the path to dharma, told through a timeless dialogue between the fabled archer, Arjuna, and his divine mentor, Krishna.

Cope takes readers on a step-by-step tour of this revered tale, and in order to make it relevant to contemporary readers, he highlights well-known Western lives that embody its central principles—including such luminaries as Jane Goodall, whose life trajectory shows us the power of honoring The Gift; Walt Whitman, who listened for the call of the times; Susan B. Anthony, whose example demonstrates the power of focused energy; John Keats, who was able to let his desire give birth to aspiration; and Harriet Tubman, whose life was nothing if not a lesson in learning to walk by faith. This essential guide also includes everyday stories about following the path to dharma, which illustrate the astonishingly contemporary relevance and practicality of this classic yogic story.

If you're feeling lost in your own life's journey, *The Great Work of Your Life* may provide you with answers to the questions you most urgently need addressed—and may help you to find and to embrace your true calling.

Praise for *The Great Work of Your Life*

“Keep a pen and paper handy as you read this remarkable book: It's like an owner's manual for the soul.”—**Dani Shapiro, author of *Devotion***

“A masterwork . . . You'll find inspiration in these pages. You'll gain a better appreciation of divine guidance and perhaps even understand how you might better hear it in your own life.”—***Yoga Journal***

“I am moved and inspired by this book, the clarity and beauty of the lives lived in it, and the timeless dharma it teaches.”—**Jack Kornfield, author of *A Path with Heart***

“A rich source of contemplation and inspiration [that] encourages readers . . . to discover and fully pursue their inner self's calling.”—***Publishers Weekly***

“Fabulous . . . If you have ever wondered what your purpose is, this book is a great guide to help you on your path.”—**YogaHara**

 **Download** [The Great Work of Your Life: A Guide for the Journ ...pdf](#)

 **Read Online** [The Great Work of Your Life: A Guide for the Jou ...pdf](#)

Download and Read Free Online The Great Work of Your Life: A Guide for the Journey to Your True Calling Stephen Cope

From reader reviews:

Dominique Fletcher:

Nowadays reading books are more than want or need but also get a life style. This reading addiction give you lot of advantages. The huge benefits you got of course the knowledge even the information inside the book that will improve your knowledge and information. The info you get based on what kind of book you read, if you want send more knowledge just go with education books but if you want sense happy read one together with theme for entertaining for example comic or novel. Often the The Great Work of Your Life: A Guide for the Journey to Your True Calling is kind of reserve which is giving the reader unpredictable experience.

Neil Owens:

The reserve untitled The Great Work of Your Life: A Guide for the Journey to Your True Calling is the publication that recommended to you to learn. You can see the quality of the book content that will be shown to you actually. The language that author use to explained their ideas are easily to understand. The writer was did a lot of investigation when write the book, hence the information that they share to you is absolutely accurate. You also might get the e-book of The Great Work of Your Life: A Guide for the Journey to Your True Calling from the publisher to make you a lot more enjoy free time.

Jesus Gates:

The Great Work of Your Life: A Guide for the Journey to Your True Calling can be one of your basic books that are good idea. All of us recommend that straight away because this e-book has good vocabulary that will increase your knowledge in words, easy to understand, bit entertaining but delivering the information. The copy writer giving his/her effort to place every word into pleasure arrangement in writing The Great Work of Your Life: A Guide for the Journey to Your True Calling yet doesn't forget the main place, giving the reader the hottest and also based confirm resource information that maybe you can be considered one of it. This great information could drawn you into brand-new stage of crucial pondering.

Michael Kenney:

Reading a book make you to get more knowledge from the jawhorse. You can take knowledge and information coming from a book. Book is published or printed or outlined from each source that will filled update of news. On this modern era like today, many ways to get information are available for you. From media social similar to newspaper, magazines, science e-book, encyclopedia, reference book, book and comic. You can add your understanding by that book. Ready to spend your spare time to spread out your book? Or just searching for the The Great Work of Your Life: A Guide for the Journey to Your True Calling when you required it?

**Download and Read Online The Great Work of Your Life: A Guide
for the Journey to Your True Calling Stephen Cope
#KPT5CVDONGF**

Read The Great Work of Your Life: A Guide for the Journey to Your True Calling by Stephen Cope for online ebook

The Great Work of Your Life: A Guide for the Journey to Your True Calling by Stephen Cope Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read The Great Work of Your Life: A Guide for the Journey to Your True Calling by Stephen Cope books to read online.

Online The Great Work of Your Life: A Guide for the Journey to Your True Calling by Stephen Cope ebook PDF download

The Great Work of Your Life: A Guide for the Journey to Your True Calling by Stephen Cope Doc

The Great Work of Your Life: A Guide for the Journey to Your True Calling by Stephen Cope Mobipocket

The Great Work of Your Life: A Guide for the Journey to Your True Calling by Stephen Cope EPub