



Grasping the Wind: An Exploration Into the Meaning of Chinese Acupuncture Point Names

Andrew W. Ellis, Nigel Wiseman

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This text shows that point names, the traditional means of identifying acupoints, have meanings that are hard to grasp. It promotes understanding of each point's use in acupuncture practice by considering the meaning, context and significance of each. The 363 points covered are listed according to the system currently in use in China.

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