



# **Theory-Based Treatment Planning for Marriage and Family Therapists: Integrating Theory and Practice (Marital, Couple, & Family Counseling)**

*Diane R. Gehart, Amy R. Tuttle*

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This text is a treatment planner and theory guide for therapists working from systemic and postmodern approaches. Unlike existing resources, this treatment planner provides a means to directly integrate family therapy theory and practice. By providing treatment planning strategies along with complete overviews of specific theories, the book provides a remedy for the common "missing link" between theory and practice. The purpose of this book is to fill the ever-widening gap between formal training in theory and actual practice in managed-care dominated workplaces. The text covers 11 of the most widely used family therapies providing a summary for each theory and then specific strategies for developing a treatment plan.

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