



Relational-centred Research for Psychotherapists: Exploring Meanings and Experience

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An accessible, practical introduction to carrying out qualitative research in psychotherapy and counselling for practitioners who want or who are required to contribute to the profession's evidence base.

- Gives clear guidance on how to set up and conduct small scale research that is based in clinical practice
- Assumes no prior knowledge of qualitative research and is aimed specifically at psychotherapists
- Recognises development of the evidence base for psychotherapy through qualitative research as a key objective for practitioners

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