



Mujeres que corren con los lobos (Spanish Edition)

Clarissa Pinkola Estes

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Dentro de toda mujer alienta una vida secreta, una fuerza poderosa llena de buenos instintos, creatividad y sabiduría. Es la Mujer Salvaje, una especie en peligro de extinción debido a los constantes esfuerzos de la sociedad por "civilizar" a las mujeres y constreñirlas a rígidos papeles que anulan su esencia instintiva. En este libro, la autora revela ricos mitos interculturales, cuentos de hadas e historias para contribuir a que las mujeres recuperen su fuerza y su salud, atributos visionarios de esta esencia instintiva. / Within every woman there lives a powerful force, filled with good instincts, passionate creativity, and ageless knowing. She is the Wild Woman, who represents the instinctual nature of women. But she is an endangered species. For though the gifts of wildish nature belong to us at birth, society's attempt to "civilize" us into rigid roles has muffled the deep, life-giving messages of our own souls. In *Women Who Run With the Wolves*, Dr. Estes unfolds rich intercultural myths, fairy tales, and stories, many from her own family, in order to help women reconnect with the fierce, healthy, visionary attributes of this instinctual nature. Through the stories and commentaries in this remarkable book, we retrieve, examine, love, and understand the Wild Woman, and hold her against our deep psyches as one who is both magic and medicine. Dr. Estes has created a new lexicon for describing the female psyche. Fertile and life-giving, it is a psychology of women in the truest sense, a knowing of the soul.

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