



Cognitive Therapy with Children and Adolescents, Second Edition: A Casebook for Clinical Practice

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This clinically oriented casebook and text presents empirically supported interventions for a wide range of child and adolescent problems. Leading cognitive-behavioral therapists demonstrate assessment and treatment approaches that have been carefully adapted--or specially designed--to meet the needs of young patients. Following a consistent format, each chapter reviews the relevant literature and presents an extended case example bringing to life what an experienced therapist might do, why, and how to do it.

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