



MFT Exam Flashcard Study System: Marriage and Family Therapy Test Practice Questions & Review for the Examination in Marital and Family Therapy (Cards)

Marriage and Family Therapy Exam Secrets Test Prep Team

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- Mental health contributors
- Family systems theory
- Bowenian approach
- Structural family therapy
- Family development
- Therapy concerns
- Crisis intervention models
- Psychodynamic theory of personality

The Assessing, Hypothesizing, Diagnosing section includes:

- Assessment approaches
- MRI assessment
- Forming a hypothesis
- Depression
- Grief
- Alcohol abuse and dependence
- Suicide
- Divorce

The Designing and Conducting Treatment section includes:

- Attachment theory
- Behavioral problems
- Psychoanalysis techniques
- Problem solving techniques
- Improving communication effectiveness
- Treating substance abuse
- Blended families
- Anger management

The Evaluating/Terminating Treatment section includes:

- Early therapy strategies
- Middle therapy strategies
- Termination standards
- Solutions focused therapy feedback
- Functional Family Therapy goals
- Disengaging
- Analyzing therapy failure
- Therapist roles

The Maintaining Ethical, Legal, and Professional Standards section includes:

- Warning indicators
- Informed consent
- Maintaining professional competence
- Client confidentiality
- Supervisee relationships
- Violation of professional ethics
- Training centers
- Credibility factors

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