



Little Volcanoes: Helping Young Children and Their Parents to Deal with Anger

Warwick Pudney

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Young children can erupt like little volcanoes when they are feeling angry. It can be overwhelming and difficult to deal with, and can produce angry feelings in the parent or caregiver too. This book is packed with advice and strategies for those working with children under five on how to understand and manage anger in children, and also how to help their parents or caregivers to deal with anger. The authors outline the different reasons children may feel angry so that their emotions can be fully understood, and offer strategies to combat negative feelings and minimize outbursts. These include putting in place behavioural boundaries and helping a child to feel secure. Simple activities and exercises are also given to help children and adults to express their anger positively. In addition, a selection of poems and stories will help adults to pass on the lessons of the book to children. This practical and accessible book will be of essential use to any professional helper of parents and young children such as early childhood educators, caregivers and social workers, as well as to parents themselves.

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Bridgett Killion:

The book Little Volcanoes: Helping Young Children and Their Parents to Deal with Anger has a lot of information on it. So when you make sure to read this book you can get a lot of gain. The book was written by the very famous author. The writer makes some research just before write this book. This specific book very easy to read you can obtain the point easily after looking over this book.

Katherine Shadrick:

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