

Stress Less Coloring - Flower Patterns: 100+ Coloring Pages for Peace and Relaxation

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Free your mind with these beautiful floral designs!

Stress Less Coloring: Flower Patterns inspires you to find peace and relaxation through nature's beauty. Filled with 100+ stunning floral designs, this book allows you to calm your mind, relieve stress, and manage anxiety in a therapeutic way. Each page encourages you to express yourself by using your own unique palette to fill in the black-and-white prints. Soon, you'll clear all worries from your mind as you concentrate on coloring in these gorgeous patterns.

Whether you're new to art therapy or have been coloring for years, this book will help you find your inner calm and creativity--one page at a time.

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