



# Handbook of Diagnosis and Treatment of the DSM-IV Personality Disorders

*Len Sperry*

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## **Handbook of Diagnosis and Treatment of the DSM-IV Personality Disorders** Len Sperry

This volume summarizes the treatment modalities and approaches that have proven effective for personality disorders, emphasizing that a combination of formats is the preferred treatment for most patients, and focusing on integrating individual, group, and family modalities and behavioral, cognitive

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