



Taking The Scare Out of Dating Again: A plan for life and love for the single woman in her 40s and beyond

Catherine Scotts

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Are you over 40 or maybe even over 50? Has it been a while since you have dated, went out and had a good time with a good man? Are you unsure about yourself and what to look for in love? Maybe you have been through a divorce and are now wondering what to do about finding a new love or if you even want a new love.

With this book for the single woman over the age of 40 you will find down to earth empowering common sense answers to many of your dating questions.

This book discusses and delves deep into the following issues....

Open, Honest and Upfront and the Rest of the Basics That You Already Know

Dating After Divorce and Avoiding Common Pitfalls

Don't Beat Around the Bush -Always Be You and Upfront

Stay Safe - Where to Meet and How to Break It Off If It Isn't Going Well

Don't Focus On Age – Yours or the Other Persons, It's Not Always That Important

Our Own Attitude and Self Belief That We Are Worthy of a Healthy Love

Never Mix Love and Money

Never Settle Due To Your Age

Learning To Have Fun Again

The Plan for You

The Advantages of Mature Love

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