

Healing the Wounds of Sexual Addiction

Mark Laaser



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"Mark has eloquently unraveled the mystery behind addictive behavior: when our relationships are not alive and growing, the temptation for various kinds of addictions is unleashed.."?Dr. Gary Smalley With today's rampant availability of Internet pornography, sexual addiction has become a national epidemic that affects up to 10 percent of Christians. As devastating as any drug habit, it brings heartbreak and despair to those it entangles. But there is help for men and women caught in sexual addiction's downward spiral. This book offers a path that leads beyond compulsive thoughts and behaviors to healing and transformation. Sensitive to the shame of sexual addiction without minimizing its sinfulness, Dr. Mark Laaser traces the roots of the problem, discusses its patterns and impact, and maps out a biblical approach to self-control and sexual integrity. Previously titled Faithful and True, this revision includes an all-new section that deals with sexual addiction in the church. Other important changes reflect cultural trends, incorporate current research, and place a greater emphasis on spiritual growth. This book also addresses the unique needs and issues of female sex addicts. Whether you know someone with a sexual addiction or struggle yourself, Healing the Wounds of Sexual Addiction points the way to understanding, wholeness, and holiness.

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