



Freezer Meals BOX SET 3 In 1 60 Fast And Simple Freezer Recipes + 15 Make Ahead Healthy Recipes For Your Slow Cooker: (Freezer Meals For The Slow Cooker, ... crockpot, slow cooker freezer recipes)

Micheal Williams, Anne Whitney, Micheal Brown

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Freezer Meals BOX SET 3 In 1. 60 Fast And Simple Freezer Recipes + 15 Make Ahead Healthy Recipes For Your Slow Cooker

BOOK #1. Make Ahead Freezer Meals Cookbook: Daily Clean Eating Recipes For Your Slow Cooker

You can utilize your weekend to prepare healthy and nutritious food for your family to enjoy in the whole month. There is no need to make your job as an excuse because the freezer is a great blessing of the current era. The Make Ahead Freezer Meals Cookbook: Daily Clean Eating Recipes for Your Slow Cooker is a perfect book for you with slow cooker and freezer recipes. You can enjoy daily clean eating with the use of the recipes given in this book. You will get all the instructions to keep your food secure. Instead of consuming junk food in a hurry, you can take the advantage of freezer food. This cookbook will help you with life-changing ideas to decrease your grocery bills and save your time. You can give dynamic and healthy meals to your family by preparing them in advance during weekends. It has lots of health benefits

too. This book will offer:

- Important Instructions to Freeze Your Food
- Chicken Freezer Recipes
- Beef and Mutton Freezer Recipes
- Vegetarian Recipes in Freezer

If you want to keep your family healthy and reduce the bills of doctors, then this cookbook is good for you. There are various delicious recipes to satisfy the taste of all food lovers.

BOOK #2. Freezer Meals Cookbook: Daily Time-Saving Recipes for a Month

Are you tired of coming home at night and not having anything quick to make for dinner?

Would you like to know how you can make freezer meals quickly that will save you even more time in the future?

Then you should check out this thirty-day cookbook with thirty freezer meals you can prepare on a Sunday afternoon!

Freezer meals you get from the grocery store are not healthy and made with ingredients you may not approve of for your family, but making your own freezer meals is simple! You can choose organic ingredients if you prefer, or you can choose to substitute low-fat or low-sodium ingredients for your dietary needs. And the best part is that you can create all of these recipes in less than an hour and freeze them!

BOOK #3. Freezer Meals Cookbook: 30 Fast And Simple Freezer Meals Recipes

Freezer cooking can help you out in saving your time in kitchen and it will definitely change the way you plan for your meal. Try to envision yourself by continually recognizing what is there for your meal on daily, weekly or monthly basis. You can also do this by having your meals arranged if something goes wrong, or if you are running late or feeling wiped out. You may haul something out to warm in the stove or microwave that needs no work for getting prepared. All you require is to simply make it warm and eat.

Following things have been discussed in this book:

- How to get started with freezer cooking
- Tips for making your freezer cooking successful
- Significance of freezer cooking
- 30 delicious freezer cooking recipes

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Ismael Roop:

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