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Coming Clean: A Memoir

Kimberly Rae Miller



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Kimberly Rae Miller is an immaculately put-together woman with a great career, a loving boyfriend, and a beautifully tidy apartment in Brooklyn. You would never guess that behind the closed doors of her family's idyllic Long Island house hid teetering stacks of aging newspaper, broken computers, and boxes upon boxes of unused junk festering in every room — the product of her father's painful and unending struggle with hoarding.

In this dazzling memoir, Miller brings to life her experience growing up in a rat-infested home, hiding her father's shameful secret from friends for years, and the emotional burden that ultimately led to her suicide attempt. In beautiful prose, Miller sheds light on her complicated yet loving relationship with her parents, which has thrived in spite of the odds.

Coming Clean is a story about recognizing where you come from and understanding the relationships that define you. It is also a powerful story of recovery and redemption.

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