



# Addiction & Grace

*M.D. Gerald G. May*

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## **Addiction & Grace** M.D. Gerald G. May

Drawing on his experience as a psychiatrist working with the chemically dependent, Dr. May believes that addiction represents an attempt to assert complete control over our lives. As he discovered through his own experience, that attempt is necessarily doomed. It is only with God's help, by surrendering to grace, and the understanding that comes through prayer and spiritual warfare that we can come to terms with ourselves and attain harmony with the world.

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