



# Reluctantly Related: Secrets To Getting Along With Your Mother-in-Law or Daughter-in-law

*Deanna Brann PhD*

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At last, *Reluctantly Related: Secrets To Getting Along With Your Mother-in-Law or Daughter-in-Law* gives us the definitive work on the all too common family dilemma of stressful relationships between mothers-in-law (MILs) and daughters-in law (DILs). Leading in-law relationship authority Dr. Deanna Brann delivers an insightful, stimulating guide for determining the root causes of mother-in-law/daughter-in-law difficulties and more importantly, provides the situation-specific, practical tools to change things for the better. While dealing with this often difficult or even painful subject, *Reluctantly Related* is engaging and wonderfully readable with its extensive use of real world conversation examples and lighthearted cartoons. Dr. Brann introduces you to her witty collection of mother-in-law, daughter-in-law and husband/son personality types - from Off-the Wall Wanda to Doubting Donna to Struggling Steven - and goes on to show you how to identify the types in your own family. She then explains in everyday language how combinations of these personality types present relationship challenges, but goes on to give practical, hands-on tools for mothers-in-law and daughters-in-law to improve their relationship. There has never been such an entertaining yet helpful resource on the specific problems between mothers-in-law and daughters-in-law. *Reluctantly Related* provides unique, straightforward help to any MIL/DIL challenged family, and should be required reading for newlyweds and their mothers!

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