



**War Trauma in Veterans and Their Families:  
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The mission in writing this book was to look beyond politics in order to explore the extent of the ongoing and long-term human cost of war and military occupation. This book addresses the suffering of our troops and their families and our responsibility as a society, first to acknowledge and diagnose this suffering, and then to care for those who are affected by it. The first of two sections, "Clinical Issues of War Trauma," contains chapters on signs and symptoms, diagnosis, and pharmacotherapy of war trauma. This section explores the vast variety of pathology such as TBI, PTSD, suicide, affective disorder, addiction, spiritual distress, and forensic aspects of combat trauma. To supplement or advance beyond medication and counseling, the editor designed a set of 12-Step Self-Help Principles for Combat Veterans with PTSD, inspired by addiction self-help programs. The second section, "Witnesses to War," is comprised of four first-hand accounts of experiences in combat zones, during and after conflict. Some of the chapters of this book were written by professionals with direct involvement in combat, from WW II to the wars in Iraq and Afghanistan. This outstanding book will be a standard text at military educational institutions and highly valuable to civilian professionals practicing psychiatry, family counseling and forensic psychology in the military system.

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