



# **Practical Approaches in Treating Adolescent Chemical Dependency: A Guide to Clinical Assessment and Intervention (Journal of Chemical Dependency Treatment)**

*Paul B Henry, Bruce Carruth*

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## **Practical Approaches in Treating Adolescent Chemical Dependency: A Guide to Clinical Assessment and Intervention (Journal of Chemical Dependency Treatment) Paul B Henry, Bruce Carruth**

Here at last is a comprehensive volume on the often-ignored but vitally important subject of care for the chemically dependent adolescent. The most current treatment approaches are included, all focused on the unique needs of this population. For the first time, a book on adolescent chemical dependence illustrates, in a practical way, the major issues of on-going care--from intervention and assessment through aftercare and relapse. Written by professionals who have worked extensively with chemically dependent youth, Practical Approaches in Treating Adolescent Chemical Dependency will be appreciated by all in the field of chemical dependency--administrators, treatment directors, and certified addictions counselors, as well as by social workers, family therapists, school guidance counselors, and student assistance personnel.

BACKCOVER COPY The treatment of alcoholism and drug use is a relatively young field that has developed only in the past 25 years. And as most of the expertise, efforts, and money have been targeted toward the chemically dependent adult population, the use and abuse of substances among young people has skyrocketed. Here at last is a comprehensive book on the often-ignored but vitally important subject of care for the chemically dependent adolescent. The most current treatment approaches are included, all focused on the unique needs of this population. For the first time, a book on adolescent chemical dependence illustrates, in a practical way, the major issues of on-going care--from intervention and assessment through aftercare and relapse. Written by professionals who have worked extensively with chemically dependent youth, Practical Approaches in Treating Adolescent Chemical Dependency features:

- a comprehensive overview of the dynamics of adolescence and the destructive impact that chemicals have upon kids
- a description of adolescents who are at risk for chemical dependency
- guidelines for making accurate assessments of chemically dependent adolescents
- successful programs and interventions that involve communities, schools, and families
- special insights into treating chemically dependent minority youth
- a review of the stages of recovery adapted to the developmental needs of adolescents
- a look at support groups that best facilitate the recovery process among adolescents
- much more

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