



# Counselling Adolescents: The Pro-Active Approach

*Kathryn Geldard, David Geldard*

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When it comes to working with adolescents in a therapeutic setting, counsellors are divided. Some work exclusively with adolescents in a successful and fulfilling way; however, others find it difficult to work with them. In this new edition of **Counselling Adolescents**, Kathryn and David Geldard provide a practical introduction to the principles and practices required for successful counselling, to show that working with adolescents can be both challenging and effective.

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