



## Bringing Out the Best in Yourself at Work: How to Use the Enneagram System for Success

Ginger Lapid-Bogda

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#### A proven system for improving your own work and for working better in a team

Used by such organizations as the Walt Disney Company, Silicon Graphics, the Federal Reserve Bank, and the CIA, the Enneagram is a proven psychological system based on nine number types that helps people achieve self-awareness and develop strategic approaches to interpersonal interactions. In *Bringing Out the Best in Yourself at Work*, Enneagram teacher and business consultant Ginger Lapid-Bodga shows professionals how to apply this popular tool to their work as a way to improve their productivity and help them build positive relationships among coworkers. This practical guide explains how to use the Enneagram to:

- Communicate more effectively
- Provide constructive feedback
- Prevent and resolve conflict
- Bring out their strongest leadership skills
- Discover methods for professional development
- Work better in teams



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